
Certificate of Completion

Social Thinking Webinar

Demystifying Executive Functions: What They Are & How to Teach Them

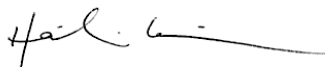
90 minutes, or 1.5 contact hours, of instruction. Original webinar took place February 5, 2020. The recording is available to be watched any time at www.socialthinking.com/webinars

If a kid is “smart” or “good at math” it doesn’t mean he or she can figure out how to get ready to go to school on time, work with a group of peers, keep a friend, do homework independently, or self-regulate throughout the day. Executive functions are an essential skillset completely separate from book smarts, even though it has a huge impact on a student’s performance in school and their career readiness. Executive functioning is at the heart of our daily *functioning* across all places in which we learn, play, and work. It affects almost everything we do! Social Thinking founder and CEO, Michelle Garcia Winner, broke down this complex topic to clarify what executive functions *are* and *are not*. Participants learned how to help students improve their executive functioning, which begins by *avoiding assumptions* about their functioning.

What participants learned:

- Why it’s so important to avoid assumptions about your students’ functioning levels.
- How executive functions are critical for success in the social, academic, and job worlds— yet this skillset isn’t measured through IQ and academic tests.
- Two strategies to help students understand and improve targeted executive functions that impact their broader lives.

Participant

A handwritten signature in black ink, appearing to read "Heidi Winner".

Heidi Winner, Webinar Coordinator